

# NURSE AIDE EDUCATOR

## Colorado Board of Nursing

State of Colorado *Bill Owens, Governor*  
Department of Regulatory Agencies *Tambor Williams, Executive Director*  
Division of Registrations *Rosemary McCool, Director*

### Welcome!



### The Board of Nursing has new staff members to introduce!

**Mark Merrill** – is the new Program Director for the Board of Nursing. Mark has been a Registered Nurse since 1996 and has served in management roles in nursing for seven years. In addition to his experience in nursing, Mark has worked in management and leadership in the banking and finance field and in the field of computer software training and development.

**Kathy Brown** – is the Manager of the newly developed licensing and education section at the Board of Nursing. Kathy has considerable experience in teaching at many levels of nursing education and was at Colorado State University–Pueblo for 11 years, leaving at the associate professor rank. Kathy has been in healthcare for over 30 years and has been an RN since 1987.

**Roberta Hills** – is an Education Specialist responsible for the review and approval of all professional nursing education programs. Roberta previously served as an associate professor on the nursing faculty at Metro State College for almost 8 years.

**Megan Griffith** – is as an Administrative Assistant for the Board of Nursing and handles many of the education and licensing calls. Prior to coming to the Board of Nursing, Megan worked with the Board of Medical Examiners.

#### 2005 Annual Reports

**Submit by August 31<sup>st</sup>**

The **2005 Annual Report form** is enclosed with this newsletter.

All programs are required to complete this per the Chapter XI Rules – see [www.dora.state.co.us/nursing/rules/rules.htm](http://www.dora.state.co.us/nursing/rules/rules.htm).

By completing this annual report form each program, you will be keeping the Board of Nursing updated about your program. **If anything changes during the year, it is each program's responsibility to keep the Board updated.** The Board of Nursing would like your feedback about our new Nurse Aide Competency and Evaluation Program with Headmaster; please complete the enclosed evaluation form.

# Medication Aide Update

- There is Rulemaking Hearing on August 31, 2006 (see below). If adopted, will become permanent on this date.
- The BON is developing a list of programs that will conduct the required classes for this authority.
- An announcement will be made shortly with the selected vendor who will administer the medication aide competency examination.
- Please continue to check the BON website at [www.dora.state.co.us/nursing](http://www.dora.state.co.us/nursing) for all updates.

**The Colorado State Board of Nursing  
will hold a public Rulemaking Hearing:**

**On:** Thursday, August 31, 2006

**Beginning At:** 8:00 AM

**Located At:** 1560 Broadway, Suite 880  
Denver, CO 80202

**If you would like to submit written comments to be considered by the Board, please mail them to the above address NO LATER than August 1, 2006.**

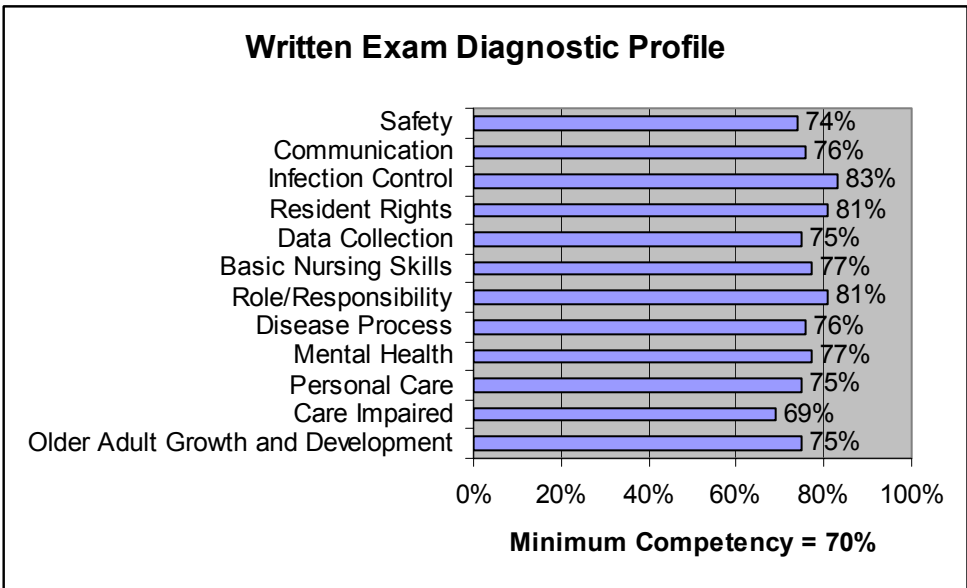
**If you would like to attend the Rulemaking Hearing or have questions, please call 303-894-2820.**

## NURSE AIDE SKILLS EXAM INFORMATION

**At this time our Written pass rate is approximately 70%**

**Written areas to focus on with your students:**

- Care of the Impaired—69%
- Safety—74%
- Data Collection—75%
- Older Adult Growth and Development—75%



## Written Exam Definitions

**Safety –**

Questions dealing with safety of residents, CNAs, facility safety issues, and safety of facility personal in general.

**Communication –**

Questions dealing with any type communication, both verbal and nonverbal, written or spoken or any communication related to hearing, seeing, feeling, tasting or smelling.

**Infection Control –**

Questions relating to the nature of infection(s), infection causes and prevention, correct methods and procedures for dealing with infection.

**Resident Rights –**

Questions dealing with rights residents are legally entitled to and facility and CNA roles in insuring those rights.

**Data Collection –**

Questions relating to data acquisition, handling and routing.

**Basic Nursing Skills –**

Broad subject area including any act or activity that would be considered a basic skill necessary to perform the job of CNA.

**Role / Responsibility –**

Broad subject area that includes any act or activity that would be considered part of the basic role of a CNA in the work place or a basic responsibility of a CNA in the work place.

**Disease Process –**

Questions dealing with the stages of disease(s) and/or the theory of disease(s) and the detection, prevention or treatment of disease(s).

**Mental Health –**

Questions related to the mental processes of residents, the signs and stages of mental states of residents both normal and care impaired, or the mental well-being and interaction of the CNA and their co-workers.

**Personal Care –**

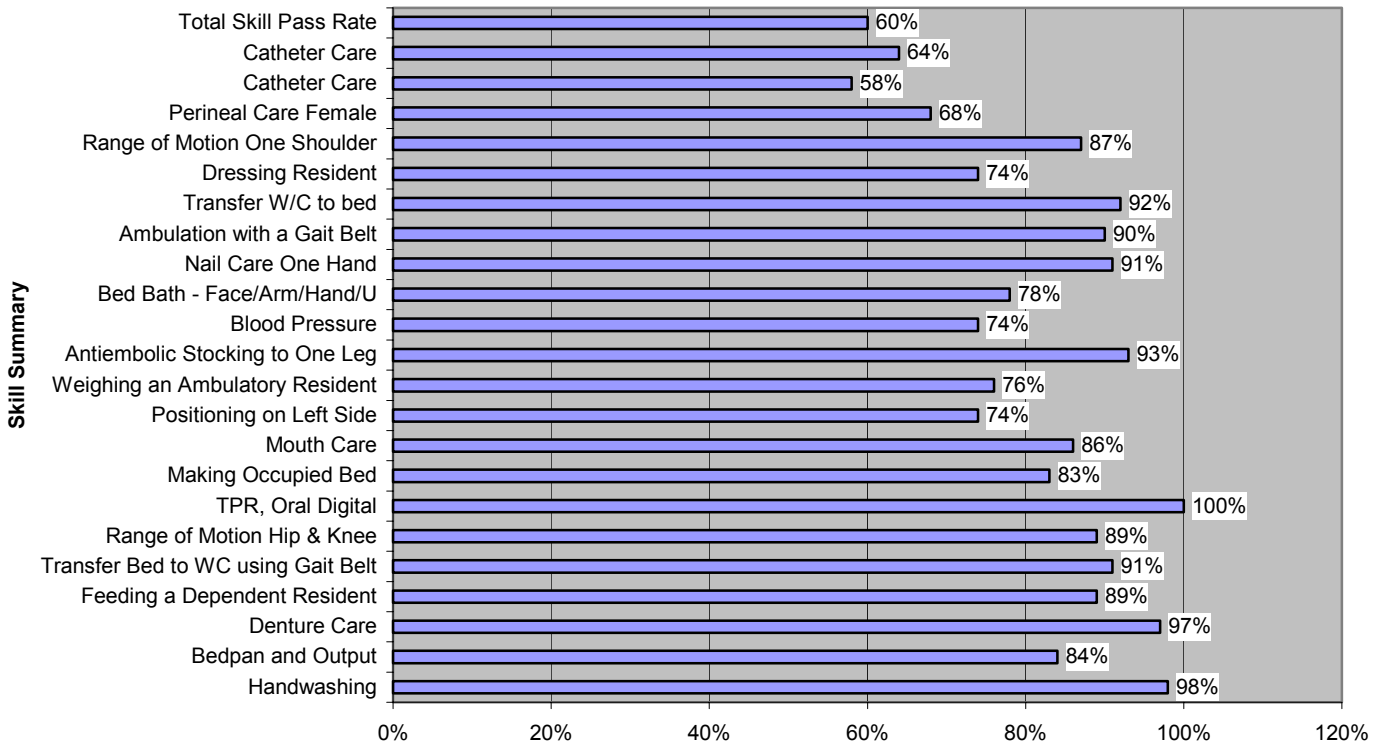
Activities or acts performed by the CNA for or to residents that are personal in nature.

**Care Impaired –**

Questions dealing with residents that are limited either physically or mentally from receiving "standard" care. CNAs must perform more extensively or differently to accommodate these residents.

**At this time our Skills pass rate is at approximately 60%**

**Skills Exam Diagnostic Profile**



**Skills areas to focus on with your students:**

- Skill #6–Catheter Care – 58%
- Skill #14–Perineal Care Female – 68%
- Skill #4–Blood Pressure – 74%
- Skill #15–Position Resident on Left Side – 74%
- Skill #8–Dressing Resident – 74%



**Manual Skills Exam Update**

**NOTE:** As of July 1, 2006, **ALL** skills in candidate handbook are now tested including Skills #16–ROM hip and Knee, #17–ROM one shoulder, and #20 VS–TPR.

**Skill areas to focus on with your students:**

**Skill #6 – Catheter Care – 58%**

The steps frequently missed are:

*Step #5–Assures bag is below the bladder and secured to the bed frame.*

*Step #6–Checks to see that urine can flow unrestricted into the drainage bag.*

*Step #7–Checks the area around the urethra for signs of leakage. (Candidate should observe area and may verbalize, “I have checked the area around the meatus for signs of leakage and note....”)*

*Step #8–Uses soap and water to carefully wash around the catheter tube where it exits the meatus. Holds catheter near the meatus to prevent pulling. Cleans 3–4 inches down the catheter tube using strokes only in a direction away from the meatus. Uses a clean portion of cloth with each stroke.*

**Skill #14 – Perineal Care Female – 68%**

The steps frequently missed are:

*Step #4–Raises the bed to working height.*

*Step #16–Covers the exposed area with the bath blanket.*

*Step #18–With a clean washcloth, cleans the rectal area.*

*Step #20–Cleans from vagina to rectal area using a clean area of a washcloth with each stroke.*

*Step #21–Rinses area.*

*Step #23–Turns resident toward raised side rail (or observer) or raises hips and removes waterproof pad from under buttocks.*

**Skill #4 – Blood Pressure – 74%**

The steps frequently missed are:

*Step #3–Provides for resident’s privacy.*

*Step #17–Candidate’s recorded systolic and diastolic blood pressure are within 4mmHg of the TOs.*

**Skill #15 – Position Resident on Left Side – 74%**

The steps frequently missed are:

*Step #5–Raises bed to proper working height.*

*Step #8–From the right side – moves upper body toward self.*

*Step #9–Moves hips toward self.*

*Step #10–Moves legs toward self.*

*Step #13–Places support devices such as pillows, wedges, blankets, etc., to maintain correct body alignment and protect bony prominences, under head and right arm, behind back, between knees.*

*Step #15 – Lowers bed if it was raised.*

*Step #16 – Lowers side rail, if it was used.*

**Skill #8 – Dressing Resident – 74%**

The steps frequently missed are:

*Step #5–Removes gown from the unaffected side first.*

# HOW CAN I CHECK HOW MY STUDENTS ARE DOING?

Individual Candidate	Program Overview
Go to: <a href="http://www.hdmaster.com">www.hdmaster.com</a>	<a href="http://www.hdmaster.com">www.hdmaster.com</a>
Online Test Results	Online Training Report
Enter: ID#	Written and/or Skill Report
Test Date	Facility ID # – Your 5 digit Program Code minus the '0'
Birth Date	Facility Pin # – Call Headmaster at 1-800-393-8664 for the #
Login	Login

### Working with Headmaster

**With the change in testing vendor, the initial downturn of score is to be expected. We assume the pass rate will improve over the next 6 months, which will be confirmed and re-evaluated as necessary.**

### The Spanish Test

**We apologize for any inconvenience to candidates as this test was “on hold” for several weeks for Product Improvement. Applicants can take the English version of the exam if they so choose. We will begin a “new and improved” Spanish test in August. Contact Headmaster for scheduling.**

**Train the Trainer ---- Classes – Call Paula Mattison @ CHCA 303- 861-8228**

**For Nurse Aide Training Program Coordinators and Instructors**

**August 3–4, 2006**

**November 2–3, 2006**

### **Colorado Board of Nursing**

1560 Broadway, Suite 880

Denver, CO 80202

[www.dora.state.co.us/nursing](http://www.dora.state.co.us/nursing)

### **CNA Program Contact**

Marlene Patacky, MSN, RN

(303) 894-2437

or [Marlene.Patacky@dora.state.co.us](mailto:Marlene.Patacky@dora.state.co.us)